

WPS members have convenient access to comprehensive Web-based tools designed to inform, support, and empower health care consumers. With these online resources, you can access health and wellness information, order prescriptions, locate in-network physicians and hospitals, and much more.

## ACCESS TOOLS AND RESOURCES FOR LIVING WELL

The WPS Health Center provides the information, tools, and support you need to achieve your best health. You can access:

- The Healthwise Knowledgebase, an online health encyclopedia providing information on thousands of topics.
- A wealth of action-oriented tools designed to help you make wise health decisions.
- Healthy Living and Chronic Care centers that provide guidance to help you manage common health risks and chronic conditions.
- Information about health club discounts and other incentives for healthy choices, available through our HealthSense Rewards discount program.
- Hospital quality and safety data to help you choose providers that deliver high quality clinical outcomes.

## LEARN HOW TO OBTAIN THE RIGHT CARE

- Locate in-network physicians or health care facilities in your area using our *Find a Doctor* tool.
- Review guidance for choosing appropriate health care services, including urgent and emergency care.
- Look up requirements for accessing primary and specialty care, and for inpatient and outpatient hospitalization.
- Download important forms and documents.

## LEARN HOW TO BE A SAVVY HEALTH CARE CONSUMER

- Find tips to help you communicate more effectively with your doctor and get the most from your health plan.
- Access information about health insurance terminology, and your rights and responsibilities as a member.



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# MANAGE YOUR ACCOUNT AND LEARN ABOUT YOUR BENEFIT PLAN

Access your personal health plan account to:

- Check the status of your claims.
- Verify your eligibility status or update coordination of benefits information.
- Access your Member Guide or replace your WPS ID card.
- Update your profile or send a privacy-protected message to Member Services.



## ORDER PRESCRIPTIONS

- Purchase long-term medications via mail order, and check order status and history online through Medco Health Solutions.\*
- Obtain detailed information about your medications.
- Price and compare brand-name and generic drugs using *My Rx Choices*.



## FIND ANSWERS TO COMMON QUESTIONS

How to...

- Read Your Explanation of Benefits (EOB).
- Understand claims codes and health insurance terminology
- Register and log in on the WPS and Medco Web sites.
- Look up eligibility, benefits, and claims information.



**Start using these online resources today.** Just go the Member area of the WPS Web site, [www.wpsic.com](http://www.wpsic.com).

**Register online** to access your secure personal account.

\*Medco Health Solutions is the pharmacy benefits manager for WPS risk plans.

**Need help? Contact WPS Member Services Web Support toll-free at 1-888-915-5477 Monday - Friday, 7:30 AM-4:30 PM CST**

For more information, please contact your agent, or call WPS at 1-866-297-4977.



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