

CHRONIC KIDNEY DISEASE RISK FACTORS & RECOMMENDED INTERVENTIONS

The Care Management nurse reviews and emphasizes the provider's recommendations for **Chronic Kidney Disease** treatment with the member, and utilizes the member's assessment responses to suggest additional discussion with the provider, if clarification may be needed.

Common issues or concerns assessed by the Care Manager for members with Chronic Kidney Disease:

- Hemodialysis or peritoneal dialysis treatment regimen
- Dialysis access insertion and care
- Anemia and treatment
- Bone disease prevention
- Electrolyte imbalance and replacement
- Fluid restrictions or replacement
- Comorbid conditions (such as hypertension, hypercholesterolemia, heart disease or diabetes)
- Nutritional restrictions and allowances
- Transplant list protocol
- Transplant preparation
- Post transplant follow-up and care
- Anxiety
- Self-reported excessive alcohol use
- Difficulty coping due to changes in health status
- Cognitive impairment; confusion or disorientation
- Sensory deficit
- Bowel and/or bladder issues
- Uncontrolled pain; pain control
- Self-reported symptoms of depression
- Self-reported non-adherence or poor adherence to medication and/or treatment plan
- Limited financial resources for health care or basic needs
- Assistance with ADL's or medical regimen
- Potential domestic conflict in the home or relationships.

Based upon the member's symptom progression, their responses to the health risk assessment questions and the provider's assessment of needs, the Care Manager can arrange for the following services as needed:

- **Home health services:** Skilled services and/or assistance with ADLs or medical regimens
- **Social services:** Evaluation and assistance with psychosocial needs, financial assistance, domestic conflict, interpreter services
- **Home infusion services:** Intravenous medication administration and/or central line care, enteral feedings
- **Non-skilled facility admission:** Assistance if environment is unsafe or adequate non-skilled care support is unavailable

- **Out-patient services:** Dialysis, dietitian, speech therapy, physical therapy, occupational therapy, pain management or behavioral health counseling. Arrange participation in a smoking cessation or substance abuse program as needed.
- **DME:** Equipment or medical supplies
- **Skilled nursing facility admission:** If family is unable to provide care or services safely in the home
- **Hospice services:** End-of-life planning and care.

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